



Main	Monday Cheesy pizza	Monday Lamb Grill in a Bap	Monday Meatballs
Vegetarian	Cheesy pizza	Cheese & Vegetable Country Bake	Vegetarian Meat Free Balls
Carbohydrate	Herby diced Potatoes	Herby diced Potatoes	Pasta & Garlic Bread
Side Dish	Baked beans & Sweetcorn	Baked beans & Sweetcorn	Mixed Vegetables
Daily	Salad Trolley / table	Salad Trolley / table	Salad Trolley / table
Dessert	Fresh Fruit Wedges Or Ice Cream & Chocolate Sauce	Fresh Fruit Wedges or Rice Pudding with Jam	Fresh Fruit Wedges or Apple crumble & Custard
	Tuesday Sausages & Gravy	Tuesday Chicken with Sage & Onion Stuffing	Tuesday Sliced Turkey with Sage & Onion Stuffing
Vegetarian	Quorn Sausages	Quorn with Stuffing	Quorn Roast
Carbohydrate	Mashed or boiled potatoes	Mashed or boiled potatoes	Mashed or boiled potatoes
Side Dish	Fresh Carrots & Peas	Fresh Carrots & Broccoli	Fresh Carrots & Peas
Daily	Salad Trolley / table	Salad Trolley / table	Salad Trolley / table
Dessert	Fresh Fruit Wedges Or Shortbread Biscuit, a portion of raisins & Fruit Juice	Fresh Fruit Wedges or Cheese cake & Fruit Juice	Fresh Fruit Wedges or Chocolate haystack & Fruit juice
	Wednesday Cottage Pie	Wednesday Homemade spaghetti Bolognese	Wednesday Mini Grill (Bacon, sausage & ½ Omelette) Vegetarian grill (2 Quorn sausage & ½ Omelette)
Vegetarian	Homemade Vegetarian Cottage	Homemade Vegetarian Bolognese	
Carbohydrate	Roast Potatoes	Spaghetti & Garlic Bread	Hash Browns
Side Dish	Mixed Vegetables & Cauliflower	Sweetcorn & Peas	Baked Beans or Tinned Tomatoes
Daily	Salad Trolley / table	Salad Trolley / table	Salad Trolley / table
Dessert	Fresh Fruit Wedges or Angel Delight	Fresh Fruit Wedges or Chocolate & Mandarin sponge & Chocolate sauce	Fresh Fruit Wedges or Fruit Yoghurt & Peaches
	Thursday Roast Turkey with Stuffing & Gravy	Thursday Roast Pork with roast potatoes, apple sauce & Gravy	Thursday Roast Beef with Yorkshire pudding & Gravy
Vegetarian	Broccoli Cheese Bake	Quorn Roast	Cheese & potato pie
Carbohydrate	Mashed or boiled potatoes	Mashed or boiled potatoes	Mashed or boiled potatoes
Side Dish	Fresh Carrots & Broccoli	Fresh Carrots & Green Beans	Fresh Carrots & Green Cabbage
Daily	Salad Trolley / table	Salad Trolley / table	Salad Trolley / table
Dessert	Fresh Fruit Wedges Or Carrot cake & Milk	Fresh Fruit Wedges or Flapjack, a portion of raisins & Milk	Fresh Fruit Wedges or Blueberry muffin & Milk
	Friday Fish Finger or Salmon Bake	Friday Fish in batter or Salmon Bake	Friday Fish Finger or Salmon Bake
Vegetarian	Cheese & Vegetable Country Bake	Omelette	Cheese & Vegetable Country Bake
Carbohydrate	Chips or Pasta	Chips or Pasta	Chips or Pasta
Side Dish	Baked Beans or Peas Tomato Ketchup	Baked Beans or Peas Tomato Ketchup	Baked Beans or Peas Tomato Ketchup
Daily	Salad Trolley / table	Salad Trolley / table	Salad Trolley / table
Dessert	Fresh Fruit Wedges Or Eves pudding & custard	Fresh Fruit Wedges or Cheese & Biscuits	Fresh Fruit Wedges or Jam tart & custard

Week Beginning
2nd Sept, 23rd Sept, 14th Oct

Week Beginning
9th Sept, 30th Sept, 21st Oct

Week Beginning
16th Sept, 7th Oct

Available Daily Are Jacket Potatoes with Various fillings, Pasta as an alternative Carbohydrate, bread, salad and Water

We can also provide vegan and special dietary menus when requested

Suitable for a Vegan diet