

WEEK 1		Vegetarian & Vegan Option	Vegetables	Pudding
Monday	Beef Stew, potatoes, sprouts and carrots	Vegetarian/Vegan Pasty	Potatoes, sprouts & carrots	Chocolate sponge and sauce/Fruit
Tuesday	Fish fingers	'No-fish' fingers	Diced potatoes, peas/sweetcorn.	Carrot cake and milkshake/Fruit
Wednesday	Lasagne	Quorn Lasagne	Garlic bread and mixed veg.	Rice pudding/Fruit
Thursday	Roast Chicken	'No chicken' Stacklet	Mash, peas/beans.	Crumble & Custard/Fruit
Friday	Fish	Vegetarian/Vegan Spicy Burger	Chips, peas and baked beans	Cheesecake/Fruit

Baked Potatoes will be available everyday as usual. Pupils in Foundation phase will need to have parental permission to order one.



WEEK 2		Vegetarian & Vegan Option	Vegetables	Pudding
Monday	Chicken Curry (mild)	Vegetable curry (mild)	Rice & mixed vegetables	Cookie & Milkshake/Fruit
Tuesday	Sausage	Vegetarian/Vegan Sausage	Diced potatoes & sweetcorn	Frozen yogurt & juice/Fruit
Wednesday	Spaghetti bolognaise	Quorn Bolognaise	Mixed veg	Chocolate sponge and Mandarin/ sauce/Fruit
Thursday	Cottage pie	Quorn pie	Mash, Potatoes carrots/green beans	Jam tart & custard/Fruit
Friday	Fish	Vegetarian/Vegan nuggets	Peas/beans	Yogurt & shortbread/Fruit

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WEEK 3		Vegetarian & Vegan Option	Vegetables	Pudding
Monday	Chicken Pie	Vegetarian/Vegan Pie	Mash, carrots/sprouts	Muffin & Milkshake/Fruit
Tuesday	Fish goujon	'No-Fish' goujon	Diced potatoes, peas/sweetcorn	Fruit sponge & sauce/Fruit
Wednesday	Meatballs	Linda McCartney meatballs	Pasta & mixed vegetables	Rice pudding/Fruit
Thursday	Roast Chicken	'No chicken' Stacklet	Mash, Carrots & Green beans	Crumble & sauce/Fruit
Friday	Pizza	Vegetarian/Vegan pizza	Chips, Peas/baked beans	Cheesecake/Fruit

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