

Ysgol Llanfyllin



YSGOL
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TEULU

Diweddariad Covid – Mawrth 22
Covid update – March 22

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Cwblhaodd Cymru y symudiad i Lefel Rhybudd Sero ar 28 Ionawr. Mae cyfraddau achosion o Covid-19 wedi gostwng o'r lefelau a welwyd dros gyfnod y Nadolig a'r Flwyddyn Newydd, ac mae'n ymddangos eu bod bellach wedi sefydlogi. Yn hollbwysig, fel y nodwyd gan y Prif Swyddog Meddygol mewn datganiad diweddar, er bod cyfraddau cymunedol yn parhau i fod yn uchel, mae'r cynnydd a wnaed gan y rhaglen frechu yn golygu bod derbyniadau i'r ysbyty a niweidiau uniongyrchol yn llawer is na'r hyn a welwyd yn ystod tonnau blaenorol y feirws.

Dylai pob ysgol barhau i sicrhau bod ymyriadau craidd yn parhau yn eu lle. Mae'r rhain yn cynnwys:

- atgoffa pob aelod o staff a'r holl ddysgwyr i ddilyn canllawiau hunanynysu
- atgoffa staff a dysgwyr i beidio â mynychu'r ysgol os oes ganddynt unrhyw symptomau COVID-19
- golchi dwylo'n rheolaidd ac ymddygiadau anadlol i atal lledaeniad a rheoli achosion, digwyddiadau a thoriadau o sicrhau awyru digonol
- cynnal lefelau glanhau priodol.

Wales completed the move to Alert Level Zero on 28 January. Case rates of Covid-19 have reduced from the levels seen around the Christmas and New Year period, and now appear to have stabilised. Crucially, as noted by the Chief Medical Officer in a recent statement, although community rates remain at high levels, the progress made by the vaccination programme means that hospital admissions and direct harms are much lower than what has been seen during previous waves of the virus.

All schools should continue to ensure core interventions remain in place. These include:

- reminding all staff and learners to follow self-isolation guidance
- reminding staff and learners to not attend school if they have any COVID-19 symptoms
- regular handwashing and respiratory etiquette to prevent spread and manage cases, incidents & outbreaks o ensuring adequate ventilation
- maintaining appropriate levels of cleaning.
- Our advice will remain under regular review based on the latest evidence. We will inform you of any further changes to our guidance.

Mae'r holl newidiadau i'n rheolau Covid wedi'u hamlygu mewn coch.

All changes to our Covid rules are highlighted in red.

- Bydd angen gwisgo gorchuddion wyneb o hyd gan bob oedolyn a disgybl o flwyddyn 7 – 13 **mewn ardaloedd cymunedol y tu mewn i adeilad yr ysgol** – ee. coridorau, ffreutur ac ati.
- **Ni fydd** gorchuddion wyneb yn ofynnol yn ystod gwersi yn y dosbarthiadau.
- Bydd clybiau ysgol, gemau, digwyddiadau a theithiau bellach yn gweithredu fel arfer.
- Mae cyfarfodydd rhieni wyneb yn wyneb yn yr ysgol bellach yn bosibl. Cysylltwch â'r ysgol os ydych am drafod unrhyw beth a byddwn yn trefnu cyfarfod os oes angen.
- **Bydd lefelau staffio yn cael eu monitro'n ddyddiol.** Efallai y bydd angen symud i ddysgu ar-lein i rai / llawer / pob disgybl yn dibynnu ar iechyd ac argaeledd staff yr ysgol. Gall hyn ddigwydd ar fyr rybudd.
- **Bydd cludiant ysgol yn gweithredu fel arfer.** Bydd disgyblion hŷn (Blwyddyn 7 ac i fyny) yn parhau i wisgo gorchuddion wyneb ar gludiant ysgol.
- Bydd **pellter cymdeithasol** yn dal i gael ei gymhwyso rhwng staff a disgyblion, a chyn belled ag y bo modd rhwng disgyblion. Trefnir seddi ystafell ddosbarth er mwyn osgoi rhyngweithio rhwng disgyblion.
- Bydd **hylendid dwylo yn** parhau i gael ei annog.
- Bydd **mwyr o awyriad** yn parhau yn adeilad yr ysgol.
- **Face coverings** will still be required to be worn by all adults and pupils from year 7 – 13 **in communal areas inside the school building** – eg. corridors, canteen etc.
- Face coverings **will not** be a requirement during lessons in classrooms.
- School clubs, fixtures, events and trips will now operate as normal.
- Face-to-face parental meetings in school are now possible. Please contact the school if you wish to discuss anything and we will organise a meeting if necessary.
- **Staffing levels will be monitored daily.** It may be necessary to move to online learning for some/many/all pupils depending on the health and availability of school staff. This may happen at short notice.
- **School transport** will operate as normal. Older pupils (Year 7 and up) will continue to wear face coverings on school transport.
- **Social distancing** will still be applied between staff and pupils, and as far as possible between pupils. Classroom seating will be arranged to avoid face on interaction between pupils.
- **Hand hygiene** will continue to be encouraged.
- There will continue to be **increased ventilation** in the school building.

Diweddariad Covid – Mawrth 22

Covid update – March 22

- Bydd athrawon yn parhau i fod yn eu hystafelloedd addysgu arferol, gan ganiatáu i ddisgyblion gael mynediad i'r cwricwlwm llawn a meysydd addysgu arbenigol.
- Bydd **disgyblion cyfnod uwchradd** yn parhau i ddefnyddio'r ystafelloedd newid AG, felly nid oes angen iddynt gyrraedd yr ysgol yn eu pecyn AG ar ddiwrnod eu gwerAG. Dylai disgyblion Cyfnod Cynradd ddod i'r ysgol yn eu pecyn AG ar y diwrnod dynodedig.
- Coridorau - system lem 'cadw chwith' yn ei lle. Staff i oruchwylio coridorau y tu allan i'w hystafelloedd.
- Bydd bwyd yn cael ei weini amser egwyl a chinio ar amseroedd gwahanol o wahanol leoliadau. Bydd gan bob grŵp blwyddyn ardal ddynodedig ar gyfer prynu a bwyta eu cinio. Fel arall, gall disgyblion ddod â chinio pecyn os yw'n well ganddyn nhw.
- Rhaid i ddisgyblion ddod i'r ysgol yn drefnus ac yn barod am y diwrnod, gan gynnwys cael eu deunydd ysgrifennu i gyd a digon o hylif i'w yfed trwy gydol y dydd.
- Bydd cyfleusterau toiled dynodedig yn cael eu neilltuo i grwpiau blwyddyn penodol - CA4 Dyniaethau, CA3 Maths.
- Bydd Timau Microsoft eto'n cael eu defnyddio i gefnogi dysgu ac asesu trwy'r ysgol. Defnyddir timau hefyd i hwyluso gwaith cartref.
- Bydd ardaloedd ynysu yn aros yn eu lle ar gyfer disgyblion sy'n mynd yn sâl â symptomau Covid yn ystod y diwrnod ysgol. Bydd angen i'r rhieni gasglu'r disgyblion hyn ar unwaith.
- Teachers will continue to be in their usual teaching rooms, allowing pupils access to the full curriculum and specialist teaching areas.
- **Secondary phase pupils** will continue to use the PE changing rooms, therefore there is no need for them to arrive at school in their PE kit on the day of their PE lesson. **Primary Phase pupils** should come to school in their PE kit on the designated day.
- Corridors – strict 'keep left' system in place. Staff to supervise corridors outside their rooms.
- Food will be served at break and lunch at staggered times from different locations. Each year group will have a designated area for purchasing and eating their lunch. Alternatively, pupils can bring a packed lunch if they prefer.
- Pupils must come to school organised and ready for the day, including having all their stationery and plenty of fluid to drink throughout the day.
- Designated toilet facilities will be assigned to particular year groups – KS4 Dyniaethau, KS3 Maths.
- Microsoft Teams will again be used to support learning and assessment throughout the school. Teams will also be used to facilitate homework.
- Isolation areas will remain in place for pupils who become unwell with Covid symptoms during the school day. These pupils will need to be collected by parents immediately.

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- Rydym bellach yn annog yn gryf i staff a dysgwyr oed uwchradd ddefnyddio profion LFD ddwywaith yr wythnos. Nid yw'r cyngor hwn yn effeithio ar drefniadau ar gyfer y rhai a nodir fel cysylltiadau achosion cadarnhaol (yr ydym yn cynghori i ddefnyddio LFTs bob dydd am 7 diwrnod) neu'r rhai sydd â symptomau (a ddylai hunanynysu a threfnu prawf PCR cyn gynted â phosibl).
- **Dylech gymryd profion llif ochrol bob dydd Sul (cyn 5pm os yn bosibl) a nos Fercher.**
- Os yw'ch plentyn yn teimlo'n sâl peidiwch â'i anfon i'r ysgol. Os yw'ch plentyn neu unrhyw aelod o'ch cartref yn datblygu symptomau Covid posibl, neu'n profi'n positif am Covid, dilynwch yr holl gyfarwyddiadau gan y GIG a'r tîm Track and Trace ynghylch hunan-ynysu a threfnu profion PCR Covid-19.
- Dylid rhoi gwybod yn uniongyrchol i NHS Track and Trace am achosion cadarnhaol o Covid. Cofiwch roi gwybod i ni am unrhyw achosion a gadarnhawyd trwy e-bost office@llanfyllin.powys.sch.uk neu ffonio **01691 648391**
- Gov.uk - <http://www.gov.uk/report-covid19-result>
- We now strongly encourage staff and secondary-aged learners to use LFD tests twice a week. This advice does not impact on arrangements for those identified as contacts of positive cases (who we advise to use LFTs each day for 7 days) or those who have symptoms (who should self-isolate and arrange a PCR test as soon as possible).
- **Lateral flow tests should be taken every Sunday (if possible before 5pm) and Wednesday evening.**
- If your child feels unwell do not send them to school. If your child or any member of your household develops possible Covid symptoms, or tests positive for Covid please follow all instructions from the NHS and the Track and Trace team regarding self-isolation and arranging Covid-19 PCR tests.
- Positive cases of Covid should be reported directly to NHS Track and Trace. Please remember to let us know about any confirmed cases by email office@llanfyllin.powys.sch.uk or phone **01691 648391**
- Gov.uk - <http://www.gov.uk/report-covid19-result>.

Cadw'r ysgol yn ddiogel – Mawrth 2022
Covid safe school – March 2022

Unrhyw gwestiynau?
Any questions?

Cysylltwch â ni yma yn yr ysgol
Please contact us here at the school

office@Llanfyllin.Powys.sch.uk

01691 648391





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