

## **FREE Summer Holiday Activities in Llanfyllin Pathfinder Pilot Area 2023**

Week Beginning Wythnos yn Dechrau	Activity Gweithgaredd	Brief Description Disgrifiad Byr	Age Range Oedran
Monday 24 <sup>th</sup> July Dydd Llun Gorffenaf 24ain	<ul> <li>25.7.23 – Bumps to Buggies Walk Starting at Llanfyllin Library, 10am-11am</li> <li>27.7.23 - Summer Fun – Mudiad Meithrin &amp; CiB Welshpool Welsh School, SY217AT, 1pm-3pm</li> <li>27.7.23 – Well in The Wild – Create &amp; Play Maes-Y-Dre Recreation Ground, 1pm-3pm</li> <li>28.7.23 – Summer Fun – Mudiad Meithrin &amp; CiB Lake Vernwy Visitors Centre, SY10 ONA, 1pm-3pm</li> <li>28.7.23 - Playdays Outside – Create Play Maes-Y-Dre Recreation Ground, 11am-3pm</li> </ul>	A chance to walk & talk with the Pathfinder Community Nursery Nurse  Craft, story & rhyme & bubbles  Free child led, well-being fun! May be wet & muddy.  Craft, story & rhyme & bubbles  Open access; bubbles, nature, craft, free play & more	O-5years Under 8's must be accompanied O-5years Under 8's must be accompanied
Monday 31 <sup>st</sup> July Dydd Llun Gorffenaf 31ain	<ul> <li>1.8.23 – Bumps to Buggies Walk Starting at Llanfyllin Library, 10am-11am</li> <li>2.8.23 – Summer Keep Active Club Llanfyllin Public Institute, 10am-10.45am /11am-11.45am</li> </ul>	A chance to walk & talk with the Pathfinder Community Nursery Nurse.  Physical Literacy based activities to develop skills & fitness	Bumps- 5years  4years-7years
Monday 7 <sup>th</sup> August Dydd Llun Awst 7fed	<ul> <li>8.8.23 – Bumps to Buggies Walk Starting at Llanfyllin Library, 10am-11am</li> <li>9.8.23 – Summer Keep Active Club Llanfyllin Public Institute, 10am-10.45am/11am-11.45am</li> </ul>	A chance to walk & talk with the Pathfinder Community Nursery Nurse Physical Literacy based activities to develop skills & fitness	Bumps- 5years 4years-7years
Monday 14 <sup>th</sup> August Dydd Llun Awst 14eg	<ul> <li>15.8.23 – Pathfinder Family Fun Llanrhaeadr Ym Mochnant Village Hall, 10.30am-12.30pm</li> <li>16.8.23 – Summer Keep Active Club Llanfyllin Public Institute, 10am-10.45am/11am-11.45am</li> </ul>	Bouncy castle, soft play, circus skills, games and much more Physical Literacy based activities to develop skills, fitness & fitness	0-7years 4years-7years



Monday 21 <sup>st</sup> August Dydd Llun Awst 21ain	<ul> <li>22.7.23 – Bumps to Buggies Walk Starting at Llanfyllin Library, 10am-11am</li> <li>23.8.23 – Summer Keep Active Club Llanfyllin Public Institute, 10am-10.45am/11am-11.45am</li> <li>27.8.23 – Wildlife Explorers - Wild Rangers Club RSPB Lake Vernwy, 10.30am-12.30pm</li> </ul>	A guided chance to walk & talk with the Pathfinder Community Nursery Nurse An active session based to develop physical skills & fitness Crafts, critters, walks & talks. This activity is £2 a session and will be happening on the last Sunday of the month. Cazz.jones@rspb.org.uk, Andrew.bonsall@rspb.org.uk	Bumps- 5years  4years-7years  Primary
Monday 28 <sup>th</sup> August Dydd Llun Awst 28ain	<ul> <li>29.8.23 – Bumps to Buggies Walk Starting at Llanfyllin Library,10am-11am</li> <li>30.8.23 – Summer Keep Active Club Llanfyllin Public Institute, 10am-10.45am/11am-11.45am</li> <li>31.8.23 - Well In The Wild Cae Bodfach, Llanfyllin 1pm-3pm</li> <li>1.9.23 - Playdays Outside - Create Play Cae Bodfach, Llanfyllin 11am-3pm</li> </ul>	A guided chance to walk & talk with the Pathfinder Community Nursery Nurse Physical Literacy based activities to develop skills & fitness  Free child led, well-being fun! May be wet & muddy.  Open access; bubbles, nature, Craft, free play & more	Bumps- 5years  4years-7years  Under 8's must be accompanied  Under 8's must be accompanied

Summer Holidays Keep Active Club use QR code to book:



Pathfinder Family Fun Use QR code to book:



## For Buggy Walk contact Adele Miles; adele.miles@wales.nhs.uk

## Other Useful Places to look for further information and if you want to find out about activities out of your area:

- Welshpool Family Integrated Centre Facebook Page Have a FULL programme of Summer Events Timetable
- Family Information Service Facebook Page Are constantly updating and sharing new events that are current
- Mudiad Meithrin & Cymraeg i Blant Facebook Pages Check to see updated plans based on weather

Please contact SARAH POWER (Foundation Years Community Co-ordinator – Llanfyllin) if you need further detail/ information or you can't find what you are looking for: sarah.power@powys.gov.uk

