

Pathfinder HOT TOPIC TALKS for Parents/Carers with Children 3 – 7 years old (Autumn 2023)

Date	Hot Topic Talks	Time	Host School
Thursday 16 th November	Contenance Myth Busting Jen Walsh	Presentation for ALL parents/carers: 1.45pm-3pm ASC for parent/carer & child of school: 3.30pm-4.30pm	Ysgol Meifod
Thursday 23 rd November	Home Start Cymru Self-Referral Service Leon Shearer	Presentation for ALL parents/carers: 1.45pm-3pm ASC for parent/carer & child of school: 3.30pm-4.30pm	Ysgol Llanrheadr YM
Thursday 30 th November	Social & Emotional/Sleep Top Tips Sarah Power	Presentation for ALL parents/carers: 1.45pm-3pm ASC for parent/carer & child of school: 3.30pm-4.30pm	Ysgol Pennant
Tuesday 5 th December	Speech & Language Carly McCroy & Ruth	Presentation for ALL parents/carers: 1.45pm-3pm ASC for parent/carer & child of school: 3.30pm-4.30pm	Ysgol Llanfyllin
Date	In School Support & Pop Up After School Club	Time	School
Tuesday 14 th November	Sarah Power	In school session with FPH class: 2pm-3pm ASC for parent/carer & child of school: 3.30pm-4.30pm	Ysgol Llangedwyn
Wednesday 22 nd November	Sarah Power	In school session with FPH class: 2pm-3pm ASC for parent/carer & child of school: 3.30pm-4.30pm	Ysgol Bro Cynllaith
Wednesday 6 th December	Sarah Power	In school session with FPH class: 2pm-3pm ASC for parent/carer & child of school: 3.30pm-4.30pm	Ysgol Pontrobert

ASC-After School Club





Pathfinder Hot Topic Talks Autumn 2023

Aimed at parents/carers & their children aged 3-7 years old

What are Hot Topic Talks?

Hot Topic Talks offer you the opportunity to come along to a local school to listen to an expert in their field giving a presentation on a topic that could help and support you now or in the future. There will be information, top tips, myth busters and lots more for you to listen to.

Choose any, or all of the talks to come to. The host schools are opening up their venues for everyone. There will be a chance to talk to the services as well as other parents/carers afterwards over a cuppa in a relaxed environment.

All talks have been timetabled in so that you can attend before school pick up time giving you the opportunity to fully engage.

What is the Pop up After School Club?

- This one-off club is for **YOU and your child** to attend
- You can only attend the Pop Up After School Club being hosted by **YOUR SCHOOL**
- There will be an opportunity for you to learn some simple circus skills alongside your child/ren
- The club will offer you time to play, engage and have fun with your child/ren in the company of other parents/carers



A little bit about the Hot Topic Talks and the Presenter

✚ Contience Hot Topic Talk – Jen Walsh (Paediatric Contience Nurse Specialist)

Jen has a wide range of experience and will talk about toileting, giving top tips on how to tackle problems you may be encountering with your child/ren. Jen has a host of myths around toileting that she will definitely 'bust'! The specialist information Jen has will really open your eyes and inform your future.

✚ Home-Start Cymru Hot Topic Talk– Leon Shearer (Home Start Project Manager)

Waiting for a referral? Home-Start could offer you the stepping stone you need.

Home-Start Cymru is a voluntary organisation committed to promoting the welfare of families. They work alongside families to give compassionate and confidential support, tailored to each family.

✚ Social & Emotional/Sleep Hot Topic Talk – Sarah Power (Pathfinder Foundation Years Community Co-ordinator)

Social and emotional regulation often have their roots in 'good sleep'. This presentation will give you a chance to explore the strategies and approaches that are available. You will also be signposted to some great resources that could support you and your child/ren.

✚ Speech & Language Hot Topic Talk – Carly McCroy & Ruth White (Speech and Language Therapists – North Powys)

Both experts in their field Carly and Ruth will have a wealth of information to share with you around speech and language and communication. They will share top tips and strategies, giving you tried and trusted methods and signposting to credible sources.