



Mae Brechu yn achub bywydau
Vaccination saves lives



September-December 2025

Help keep your child well this winter – make sure they have their flu vaccine.

Dear parent or guardian,

The school nursing/immunisation team will be visiting school to offer children a **nasal spray flu vaccine**. The NHS recommends all students from reception-year11 should have a flu vaccination every year. Your school will be able to inform you of the date of vaccination.

It's very important to protect your child from flu to make sure they stay as healthy as possible, as both COVID-19 and flu are likely to circulate this winter. The best flu vaccine for most children is a nasal spray. This is the vaccine that will be given on the day.

To help make sure the vaccine is suitable for your child, and they don't miss out, please take time to read the Information:



and then **return the electronic consent form before the planned Vaccination date. Please note there is a link on the form to find your child's NHS number. Please ensure you add this onto the form – see link below for the link to the E-consent form:**

<https://forms.office.com/e/VXGgohB5Jn>



as a service we would be grateful for a completed returned consent form once sent out to you. Either a YES or NO consent, ensuring our records show the service has been offered to your child/young person.

If you want more information about flu vaccination for children, please contact the school nurse or immunisation team, or visit phw.nhs.wales/flu vaccine.

If your child is absent is ill or absent on the vaccination day, please DO NOT take your child to the GP for their vaccination as we will be returning for another session.

Yours faithfully,

Nurse / Consultant

Important Information:

After you have returned the consent form, please inform the school before the vaccination session if:

- **there are any changes to your child's health, or**
- **their asthma medication is increased, or**
- **they are prescribed oral steroids, or**
- **they become wheezy.**

Note: There are a very small number of children who should not have the nasal flu vaccine. Please see the information sheet for more detail, or look at phw.nhs.wales/flu vaccine.

The fluenz vaccine contains a minimal amount of porcine gelatine as a stabilising agent. If medical/religious reasons do not allow for this vaccine, an alternative of the flu vaccine can be offered. Please contact us if you require this injectable version.

Any queries or changes please do contact us on the email or phone number below: -

Powys.SchoolImmunisationTeamSouth@wales.nhs.uk

Powys.SchoolImmunisationTeamNorth@wales.nhs.uk

Phone 01874 615674 (South) 01686 617463 (North)

Kind Regards School Immunisation Service