



Powys County Council Llanfyllin Secondary Menu October 2025

Main Meal & Vegetarian Options

	Monday Week 1	Monday Week 2	Monday Week 3	
	WEEK 1 10th Nov, 1st Dec, 5th Jan, 26th Jan, 23rd Feb, 16th March	Week 2 17th Nov, 8th Dec, 12th Jan, 2nd Feb,, 2nd March, 23rd March	Week 3 3rd Nov, 24th Nov, 15thDec, 19th Jan, 9th Feb, 9th March	
Option 1	Beef Burger in a Bap (1,4, 8, 6)	Chicken Burger in a Bap (1,3, 6)	Oven Baked Sausage (1,4,9)	
Option 2	Vegetable Country Bake in a Bap (1,2, 6)	Vegetable Country Bake in a Bap (1,2, 6)	Vegan Sausage (1)	
Carbohydrate	Mini Hash Brown Puffs or Pasta Twists (1)	Seasoned cubed Potatoes or Pasta Twists (1)	Mini Hash Brown Puffs or Pasta Twists (1)	
Vegetables	Baked Beans & Sweetcorn Mixed Salad	Baked Beans & Coleslaw (3) mixed salad	Baked Beans & Sweetcorn Mixed Salad	
Dessert	Chocolate & Mandarin Sponge (1,2,3,4) & Chocolate Sauce (2)	Apple Crumble (1,4) & Custard (2)	Lemon Sponge (1,2,3,4) & Custard (2)	
	Tuesday	Tuesday	Tuesday	
Option 1	Chicken & Vegetable Pie(1)	Oven Baked Sausage (1,4,9)	Beef Bolognaise	
Option 2	Vegetale Pie(1)	Vegan Sausage (1)	Vegan Bolognaise(4)	
Carbohydrate	Mashed Potato or Pasta Twists (1)	Mashed Potato or Pasta Twists (1)	Pasta Twists (1)	
Vegetables	Carrots & Broccoli Mixed Salad	Peas & Sweetcorn Mixed Salad	Mixed Vegetables & Coleslaw (3) & Mixed Salad	
Dessert	Waffle (1,2,3,4) & Ice Cream (2) Primary Pudding Llaeth Y Llan Yogurt (2) and Apple Dippers	Jam Roly Poly (1,2,4) & Custard (2) Primary Pudding Llaeth Y Llan Yogurt (2) and Apple Dippers	Chocolate Crunch (1,4) Chocolate Sauce (2) Primary Pudding Llaeth Y Llan Yogurt (2) and Apple Dippers	
	Wednesday	Wednesday	Wednesday	
Option 1	Pork & Carrot Meatballs (9)in Tomato & Basil Sauce	Beef Bolognaise	BBQ Chicken Fillet & Cheese (2)	
Option 2	Vegan Meatfree Balls (4)	Vegan Bolognaise (4)	BBQ Quorn Fillet (1) & Cheese (2)	
Carbohydrate	Pasta Twists (1)	Spaghetti Pasta (1)	Rice or Pasta Twists (1)	
Vegetables	Peas & Sweetcorn Mixed Salad	Peas & Broccoli Mixed Salad	Peas & Sweetcorn Mixed Salad	
Dessert	Plain Cookie (1,2,3,4) & Orange Or Apple Juice Carton	Chocolate Cookie (1,2,3,4) & Orange Or Apple Juice Carton	Fruit Muffin (1,2,3,4) & Orange Or Apple Juice Carton	
	Thursday	Thursday	Thursday	
Option 1	Roast Turkey & Stuffing (1) & Gravy	Roast Pork with Apple Sauce & Gravy	Roast Beef, Yorkshire Puddings (1,2,3) & Gravy	
Option 2	Mediterrainen Pasta Bake (1)	Macaroni Cheese (1,2)	Cheese & Potato Pie (2)	
Carbohydrate	Mashed Potatoes	Mashed Potatoes	Mashed Potatoes	
Vegetables	Carrots & Green Beans Mixed Salad	Carrots & Green Cabbage Mixed Salad	Cauliflower & Broccoli Mixed Salad	
Dessert	Syrup Sponge (1,2,3,4) & Custard (2)	Cheesecake (1,2,4)	Pancake (1,2,3) & Ice Cream (2)	
	Friday	Friday	Friday	
Option 1	Breaded Cod (1,5) or Chicken Korma (2)	Jumbo Battered Fish Finger (1,5) or Chicken Tikka (2)	Breaded Cod (1,5) or Chicken Korma (2)	
Option 2	Vegan Nuggets (1)	Cheese Pizza (1,2)	Vegan Nuggets (1)	
Carbohydrate	Chips, Rice or Pasta Twists (1)	Chips, Rice or Pasta Twists (1)	Chips, Rice or Pasta Twists (1)	
Vegetables	Peas & Baked Beans Mixed Salad	Peas & Baked Beans Mixed Salad	Peas & Baked Beans Mixed Salad	
Dessert	Chocolate Haystack (1,2) Orange Or Apple Juice Carton Primary Pudding Llaeth Y Llan Yogurt (2) and Apple Dippers	Flapjack (1) Orange Or Apple Juice Carton Primary Pudding Llaeth Y Llan Yogurt (2) and Apple Dippers	Carrot Cake Muffin (1,2,3,4) Orange Or Apple Juice Carton Primary Pudding Llaeth Y Llan Yogurt (2) and Apple Dippers	
1. CEREAL/GLUTEN	2. MILK	3. EGG	4. SOYA	5. FISH
6. SESAME	7. MUSTARD	8. CELERY	9. SULPHUR DIOXIDE	10. PEANUTS
11. LUPIN	12. MOLLUSCS	13. CRUSTACEANS	14. NUTS	CONTAINS / MAY CONTAIN

We offer Jacket Potatoes daily with various fillings. We offer fresh fruit as an alternative to our daily dessert option. We also provide jugs of drinking water in our dining halls to promote good hydration with learners. Food Allergies - Please email catering@powys.gov.uk. Due to circumstances beyond our control, there may at times be a slight variance in our menus, we apologise for any inconvenience this may cause.